



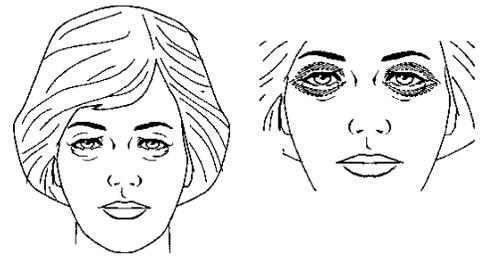
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HOME CARE AFTER BLEPHAROPLASTY - EYELID SURGERY

PLEASE FOLLOW THESE INSTRUCTIONS IN ADDITION TO THOSE LISTED ON THE **GENERAL HOME CARE AFTER PLASTIC SURGERY** SHEET YOU RECEIVED.

- EXPECT SWELLING, PERHAPS TO THE POINT OF MAKING IT HARD TO SEE FOR 48-72 HOURS.
- YOU MAY APPLY COMPRESSES, SATURATED WITH COLD WATER, TO YOUR EYES FOR THE FIRST 48 HOURS. A BAG OF FROZEN PEAS WRAPPED IN A MOISTENED CLOTH WORKS WELL.
- KEEP YOUR HEAD ELEVATED, BY SLEEPING ON EXTRA PILLOWS, OR PREFERABLY SLEEP IN A RECLINER FOR 48-72 HOURS.
- EXPECT BRUISING FOR 7-10 DAYS.
- YOU MAY WASH YOUR FACE WITH A MILD FACIAL CLEANSER.
- DO NOT WEAR ANY MAKEUP OR CONTACT LENSES UNTIL 48 HOURS AFTER THE SUTURES ARE REMOVED.
- SUNGLASSES MAY HELP WITH LIGHT SENSITIVITY.

BEFORE SURGERY



AFTER SURGERY

