

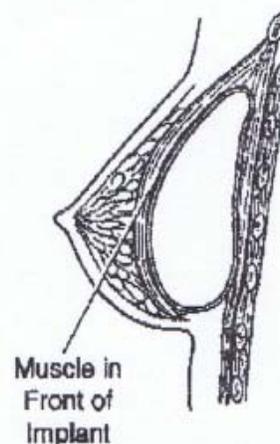
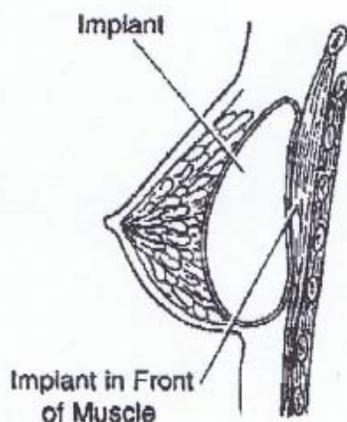
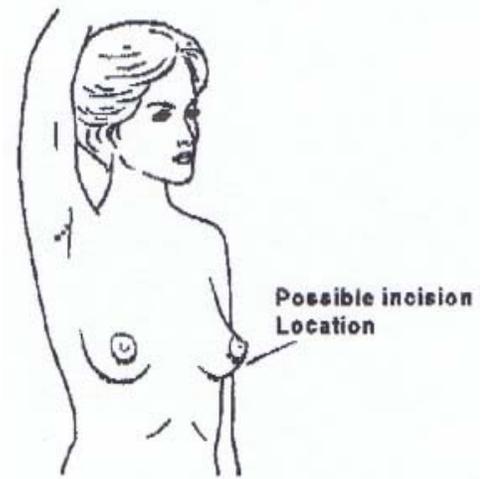


Daniel L. Kapp, M.D.

HOME CARE AFTER BREAST AUGMENTATION

PLEASE FOLLOW THESE INSTRUCTIONS IN ADDITION TO THOSE LISTED ON THE **GENERAL HOME CARE AFTER PLASTIC SURGERY** SHEET YOU RECEIVED.

- LEAVE YOUR DRESSINGS IN PLACE UNTIL YOU RETURN TO THE DOCTOR. PLEASE SPONGE BATHE DAILY. ONCE YOU ARE SHOWERING WASH THE INCISIONS WITH SOAP AND WATER. AIR-DRY THE INCISIONS OR PAT THEM DRY.
- DO NOT WEAR AN UNDER WIRE BRA FOR 4 WEEKS, UNLESS INSTRUCTED BY THE DOCTOR.
- DO NOT LIFT ANYTHING HEAVIER THAN ONE GALLON OF MILK FOR 2 WEEKS. AVOID ARM-SWINGING SPORTS, SUCH AS TENNIS, GOLF, SOFTBALL, ETC. FOR 6 WEEKS.



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